



# Faith in Action: Confirming One's Faith

Dear Parish Pals,

## You are so important.

Your commitment to be a faith mentor for one of our Faith in Action youth can be life changing– it's definitely counter cultural. Many youth have been conditioned to believe that their value is defined by performance in the home, at school, online, in relationships in every arena of their lives. And you get remind them that they are justified not by what they do, but *through the love and grace of God.*

Along with the body of Christ, we are all sinners...all saints...and all justified by grace through faith in Jesus Christ. Our baptism as infants, children, youth, or adults makes us heirs of that promise.

You represent the church which fully embraces and welcomes the young into the mission of God, and equips them to live out and to share the grace of the God who loves them first and foremost.

As a Parish Pal, you have the privilege of entering into the brokenness of life with your Pal to accompany them as they experience God's grace, and are restored in and through the resurrection of Jesus Christ.

**Biblical Basis:** *"But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of him who called you out of darkness into his wonderful light."*

- 1 Peter 2:9

Thank you for being a Parish Pal during this time! Know that you are not alone in this.

If for some reason you cannot continue to be a Parish Pal for 2021, please let me know as soon as possible.

I am here to support you as you support your Faith in Action youth during their journey through middle school and high school (this year).

I will have Valentine themed care packages for you to add to and deliver to your Parish Pal in February. I will send you an email with more details soon. At that time, I will also have a thank you gift for you to pick up for yourself as well. So just a heads up!

In this mailing you will find:

- ◆ One Week of Prayer Ideas

If you have any questions, concerns, exciting moments, or suggestions along the way, I would appreciate hearing from you. I'd love to hear what your plan is for connecting with your Pal during in January and February of 2021.

**Yours in Christ,**

*Brianna Acosta*



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## Week of Prayer during Covid-19

God grant me peace and wisdom, patients and empathy. Amen

### Day 1

God of life,  
You have promised to be with us every day.  
Help \_\_\_\_\_ to see you present through  
those around them.  
Give \_\_\_\_\_ clarity in their mind,  
strength in their work and discernment,  
rest as they sleep, and peace in their heart.  
Help those around \_\_\_\_\_ see Christ  
shining through them today as well.  
Amen.

**Contact your Parish Pal. What prayer  
requests do they have this week?**

### Day 2

God, I pray that when in the midst of  
uncertainty, may \_\_\_\_\_ know faith.  
When in the midst of anxiety,  
may \_\_\_\_\_ know serenity.  
When in the midst of stress,  
may \_\_\_\_\_ know calm.  
When in the midst of fear,  
may \_\_\_\_\_ know trust.  
When in the midst of bewilderment,  
may \_\_\_\_\_ know assurance.  
When in the midst of confusion,  
may \_\_\_\_\_ know confidence.  
When in the midst of this pandemic,  
may \_\_\_\_\_ know Your peace.  
When in the midst of whatever,  
may \_\_\_\_\_ know love.  
Amen.

**Write down any prayers you may have for  
the family of your Parish Pal:**



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### Day 3

Lord, You care for \_\_\_\_\_,  
You love \_\_\_\_\_ and you have given  
\_\_\_\_\_ the precious gift of eternal life  
through Your Son Jesus. Help \_\_\_\_\_ to  
face this day with a spirit of optimism and  
thanksgiving so that they may lift the spirits of  
those around them.  
Amen.

**Write down any other prayer petitions you  
would like to lift up:**

### Day 4

Thank you, Lord, for Your Son Jesus, the  
Savior of our lives. You loved this world so  
dearly, that You sent Your Son to die so that  
we, Your children, might have life eternal.  
Let the love of Jesus be reflected in my  
words shared with \_\_\_\_\_. Guide  
\_\_\_\_\_ to let the love of Jesus be reflected  
in their words, thoughts and deeds. Let them  
always know that they can count on Jesus as  
their dearest friend. Help me share Jesus'  
transforming message today and always.  
Amen.

**Write down any prayer petitions for yourself:**



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### Day 5

God, I pray that you would do immeasurably more in \_\_\_\_\_'s life now and in the future than we could ever ask or imagine.

### Day 6

Lord I ask you to enter \_\_\_\_\_'s life in a new way this day that they may grow in stature, wisdom, and grace as the person you call them to be. Inspire \_\_\_\_\_ to follow You more closely and help them to live in such a way that they encourage others and bring life to them. No one is small in your eyes. Help \_\_\_\_\_ to always know how much they are loved. Amen.

**List any of your faith mentors that you would like to lift up in prayer:**

### Day 7

God, during this time of need, bless us and keep us. Shed your light on us and give us peace. Amen.

**Consider praying for your Parish Pal's Godparents.**

**What are your goals as a faith mentor this month?**

**How will you hold yourself accountable?**